First Visit Checklist

The Asthma Center First Visit Checklist

Welcome to The Asthma Center! We have put together a few tips and guidelines to make your first appointment as effective as possible. We are looking forward to seeing you in the office for the first time!

If you have not already scheduled an appointment, please call to schedule:

PA: (215) 569-1111  NJ: (856) 316-0300

Center City Philadelphia • Society Hill Philadelphia • Northeast Philadelphia

Bala Cynwyd — Lower Merion PA

Langhorne — Bucks County PA

Mt. Laurel NJ • Woodbury NJ • Hamilton – Princeton NJ • Forked River

New Patient & Smell Loss Forms (PDF)

- All New Patients: Please fill out the New Patient Form.
- Patients Evaluated for Smell Loss: Please also fill out the Taste and Smell Questionnaire.
Before Your Visit Checklist

- **Fill out** the New Patient Form
- **Do not** take prescription or over-the-counter antihistamines for the 3 days prior to your first visit as antihistamines can interfere with allergy skin testing.
- **Take** asthma medications as usual.
- **Ask** questions about medications that may interfere with your testing by calling the office where you are scheduled.
- **Prepare** information about:
  - Previous diagnosis, treatments, surgeries and testing (if any)
  - List of current medications
  - Copy of recent lab work and/or x-rays
  - A proper referral if required by your insurance
  - Insurance card and photo ID, which are required for your visit

Day of Your Visit Checklist

- **Bring** all information prepared above, information about:
  1. Previous diagnosis, treatments, surgeries and testing
  2. List of current medications
  3. Copy of recent lab work and/or x-rays
  4. Proper referral if required by your insurance
  5. Insurance card and photo ID
- **Wear** short-sleeve shirt in case allergy skin testing is performed on the upper arm.

What To Expect During Your Visit

First visits often takes **2 – 3 hours**, depending on how complicated the medical conditions are and what testing might
be needed. You will be seen by one of our nurses and one of our board-certified allergists. The physician will review all your current symptoms, past medical history, environmental exposures, and will conduct a physical examination. Skin testing and/or a brief breathing test may be concurrently done during this time. We recommend our patients wear a short-sleeve shirt on the day of the appointment in case intradermal allergy skin testing is performed on the upper arm.

Kindly provide at least 24 hours notice if you must cancel your visit with us.